

CSCS AND NSCA-CPT EXAM PREPARATION MATERIALS



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Qty.	Circle One	Item Description	Nonmember Price	Member Price
		<i>Essentials of Strength Training and Conditioning, Second Edition</i> textbook	\$75.00	\$68.00
		<i>NSCA's Essentials of Personal Training</i> textbook	\$75.00	\$68.00
	CSCS / NSCA-CPT	Exam Content Description Booklet	\$29.95	\$17.95
	CSCS / NSCA-CPT	Essentials Symposium Multimedia CDs	\$199.95	\$134.95
	CSCS / NSCA-CPT	Essentials Symposium Workbook and Audio CDs	\$149.95	\$99.95
	CSCS / NSCA-CPT	Essentials Symposium Self-Assessments	\$47.95	\$31.95
	CSCS / NSCA-CPT	Practice Exam, Volume 1	\$47.95	\$31.95
	CSCS / NSCA-CPT	Practice Exam, Volume 2	\$47.95	\$31.95
	CSCS / NSCA-CPT	Practice Exam, Volume 3	\$47.95	\$31.95
	CSCS / NSCA-CPT	Practice Exam, Volumes 2 and 3 set	\$79.95	\$52.95
	CSCS / NSCA-CPT	Practice Exam, Volumes 1, 2 and 3 set	\$97.95	\$64.95
		<i>Exercise Technique Manual for Resistance Training</i> and DVDs	\$80.95	\$53.95
		STUDY PACKAGES (see next page for package contents)		
	CSCS / NSCA-CPT	Premier Preparation Package	\$299.95	\$179.95
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		CSCS ElitePlus+ Exam Package – with Paper/Pencil Exam Registration*	\$760.95	\$496.95
		NSCA-CPT PremierPlus+ Preparation Package	\$369.95	\$242.95
		NSCA-CPT Elite Exam Package – with Paper/Pencil Exam Registration*	\$661.95	\$404.95
		NSCA-CPT ElitePlus+ Exam Package – with Paper/Pencil Exam Registration*	\$731.95	\$467.95
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*The exam registration vouchers included in the Elite Exam and ElitePlus+ Exam study packages are sent by e-mail.

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CSCS EXAM PREPARATION MATERIALS

Visit shop.nscs-cc.org for complete descriptions and to order materials.



	CSCS Premier Preparation Package	CSCS PremierPlus+ Preparation Package	CSCS Elite Exam Package	CSCS ElitePlus+ Exam Package
CSCS Exam Registration			X	X
Essentials of Strength Training and Conditioning, textbook		X		X
Essentials of Strength Training and Conditioning Multimedia Symposium CDs*	X	X	X	X
CSCS Exam Content Description booklet	X	X	X	X
Exercise Technique Manual for Resistance Training and DVDs	X	X	X	X
CSCS Practice Exam, Volume 1 (booklet and video [†])	X	X	X	X
CSCS Practice Exam, Volume 2 (booklet and video [†])			X	X
CSCS Practice Exam, Volume 3 (booklet and video [†])			X	X

*The Essentials of Strength Training and Conditioning workbook and audio CDs and Self-Assessments can be substituted for the Essentials of Strength Training and Conditioning Multimedia Symposium CDs.

[†]Same video used for all Practice Exams (with different questions); Online Practice Exams can be substituted for booklets

Note: The details and fees in this brochure are subject to change without notice.

NSCA-CPT EXAM PREPARATION MATERIALS

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	NSCA-CPT Premier Preparation Package	NSCA-CPT PremierPlus+ Preparation Package	NSCA-CPT Elite Exam Package	NSCA-CPT ElitePlus+ Exam Package
NSCA-CPT Exam Registration			X	X
NSCA's Essentials of Personal Training textbook		X		X
Essentials of Personal Training Multimedia Symposium CDs*	X	X	X	X
NSCA-CPT Exam Content Description booklet	X	X	X	X
Exercise Technique Manual for Resistance Training and DVDs	X	X	X	X
NSCA-CPT Practice Exam, Volume 1 (booklet and video [†])	X	X	X	X
NSCA-CPT Practice Exam, Volume 2 (booklet and video [†])			X	X
NSCA-CPT Practice Exam, Volume 3 (booklet and video [†])			X	X

*The Essentials of Personal Training workbook and audio CDs and Self-Assessments can be substituted for the Essentials of Personal Training Multimedia Symposium CDs.

[†]Same video used for all Practice Exams (with different questions); Online Practice Exams can be substituted for booklets

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