

# NSCA Certification Commission

## 2006 CEU Calendar of Events

### January – March 2006

This document is updated on a monthly basis. For the most current listing of approved CEU activities/events check the CEU Activity Calendar at [www.nasca-cc.org](http://www.nasca-cc.org).

#### January 2006

##### **Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: January 4, 2006  
(Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Twin Falls, ID

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: [jevenson@crosscountryeducation.com](mailto:jevenson@crosscountryeducation.com)

Eligible for *Recertified with Distinction*: No

##### **Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: January 5, 2006  
(Thursday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Boise, ID

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: [jevenson@crosscountryeducation.com](mailto:jevenson@crosscountryeducation.com)

Eligible for *Recertified with Distinction*: No

##### **Velocity Sports Performance Symposium 2006**

Date: January 5, 2006  
(Thursday)

Provider: Velocity Sports Performance

Provider Number: **F1086**

Location: Dallas, TX

Contact Name: Jay Twell

CEUs: **0.6**

Contact Phone: 678-990-2553

Certification: CSCS &  
NSCA-CPT

Contact Email: [jay.twell@velocitysp.com](mailto:jay.twell@velocitysp.com)

Eligible for *Recertified with Distinction*: No

### **Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: January 6, 2006  
(Friday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Spokane, WA

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **2006 NSCA Sport-Specific Training Conference**

Start Date: January 6,  
2006 (Friday)

Provider: NSCA

End Date: January 7, 2006  
(Saturday)

Provider Number: **F1012**

Location: Dallas, TX

Contact Name: Conference Department

CEUs: **1.5**

Contact Phone: 800-815-6826

Certification: CSCS &  
NSCA-CPT

Contact Email:

Eligible for *Recertified with Distinction*: Yes

### **Kettlebell Conditioning Systems L1 Certification Workshop**

Start Date: January 7,  
2006 (Saturday)

Provider: Equinox Fitness Training Institute

End Date: January 8, 2006  
(Sunday)

Provider Number: **F1010**

Location: New York, NY

Contact Name: Johanna Subotovsky

CEUs:

Contact Phone: 212-972-8000x1850

Certification:

Contact Email: jsubotovsky@equinoxfitness.com

Eligible for *Recertified with Distinction*: No

### **Strength & Conditioning Considerations in Designing Discharge Programs for Patients with Common Injuries & Diseases**

Date: January 11,  
2006 (Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Roanoke,  
VA

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **T'ai Chi for Balance, Fall Risk Reduction & Rehabilitation**

Date: January 11, 2006  
(Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Springfield, MO  
CEUs: **0.6**

Contact Name: Jeannie Evenson  
Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: [jevenson@crosscountryeducation.com](mailto:jevenson@crosscountryeducation.com)

Eligible for *Recertified with Distinction*: No

### **Effective Examination and Treatment of Common Shoulder Injuries**

Start Date: January 11,  
2006 (Wednesday)

Provider: Cross Country Education, Inc.

End Date: November 11,  
2006 (Saturday)

Provider Number: **D1035**

Location: Austin, TX  
CEUs: **0.6**

Contact Name: Jeannie Evenson  
Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: [jevenson@crosscountryeducation.com](mailto:jevenson@crosscountryeducation.com)

Eligible for *Recertified with Distinction*: No

### **Effective Examination and Treatment of Common Shoulder Injuries**

Date: January 12, 2006  
(Thursday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: San Antonio, TX  
CEUs: **0.6**

Contact Name: Jeannie Evenson  
Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: [jevenson@crosscountryeducation.com](mailto:jevenson@crosscountryeducation.com)

Eligible for *Recertified with Distinction*: No

### **Strength & Conditioning Considerations in Designing Discharge Programs for Patients with Common Injuries & Diseases**

Date: January 12,  
2006 (Thursday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Richmond,  
VA

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: [jevenson@crosscountryeducation.com](mailto:jevenson@crosscountryeducation.com)

Eligible for *Recertified with Distinction*: No

### **T'ai Chi for Balance, Fall Risk Reduction & Rehabilitation**

Date: January 12, 2006  
(Thursday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Tulsa, OK

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **Effective Examination and Treatment of Common Shoulder Injuries**

Date: January 13, 2006  
(Friday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Houston, TX

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **Strength & Conditioning Considerations in Designing Discharge Programs for Patients with Common Injuries & Diseases**

Date: January 13,  
2006 (Friday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Norfolk, VA

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **T'ai Chi for Balance, Fall Risk Reduction & Rehabilitation**

Date: January 13, 2006  
(Friday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Oklahoma City,  
OK

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **EAS Body-For-Life Expo**

Start Date: January 13,  
2006 (Friday)

Provider: EAS

End Date: January 14,  
2006 (Saturday)

Provider Number: **F1082**

Location: Denver, CO

Contact Name: EAS/Body For Life Expo Information

CEUs: **0.6**

Contact Phone: 800-297-9776

Certification: CSCS &  
NSCA-CPT

Contact Email:

Eligible for *Recertified with Distinction*: No

### **NSCA Idaho State Clinic**

Start Date: January 13,  
2006 (Friday)

Provider: NSCA Idaho

End Date: January 14,  
2006 (Saturday)

Provider Number: **F1081**

Location: Boise, ID

Contact Name: Susan Wade

CEUs: **0.8**

Contact Phone: 208-939-0111

Certification: CSCS &  
NSCA-CPT

Contact Email: susnwade@yahoo.com

Eligible for *Recertified with Distinction*: Yes

### **One Day Learn By Doing Seminars**

Date: January 14, 2006  
(Saturday)

Provider: M-F Athletics - Perform Better

Provider Number: **B1061**

Location: S. San  
Francisco, CA

Contact Name: John Brock

CEUs: **0.7**

Contact Phone: 800-556-7464

Certification: CSCS &  
NSCA-CPT

Contact Email: john.brock@performbetter.com

Eligible for *Recertified with Distinction*: No

### **Diagnosis & Treatment of Patients with Musculoskeletal Shoulder Dysfunctions: Evidence Based Approach**

Start Date: January 14,  
2006 (Saturday)

Provider: ProRehab, PC

End Date: January 15,  
2006 (Sunday)

Provider Number: **E1065**

Location: Evansville, IN

Contact Name: Ashley Dame

CEUs: **1.4**

Contact Phone: 812-759-7450

Certification: CSCS &  
NSCA-CPT

Contact Email: ashley@prorehab-pc.com

Eligible for *Recertified with Distinction*: No

### **Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: January 17, 2006  
(Tuesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Tallahassee, FL  
CEUs: **0.6**

Contact Name: Jeannie Evenson  
Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: January 18, 2006  
(Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Gainesville, FL  
CEUs: **0.6**

Contact Name: Jeannie Evenson  
Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: January 18, 2006  
(Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Lansing, MI  
CEUs: **0.6**

Contact Name: Jeannie Evenson  
Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: January 19, 2006  
(Thursday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Jacksonville, FL  
CEUs: **0.6**

Contact Name: Jeannie Evenson  
Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: January 19, 2006 (Thursday)      Provider: Cross Country Education, Inc.  
Provider Number: **D1035**  
Location: Kalamazoo, MI      Contact Name: Jeannie Evenson  
CEUs: **0.6**      Contact Phone: 615-331-4422x223  
Certification: CSCS & NSCA-CPT      Contact Email: jevenson@crosscountryeducation.com  
Eligible for *Recertified with Distinction*: No

### **Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: January 20, 2006 (Friday)      Provider: Cross Country Education, Inc.  
Provider Number: **D1035**  
Location: Grand Rapids, MI      Contact Name: Jeannie Evenson  
CEUs: **0.6**      Contact Phone: 615-331-4422x223  
Certification: CSCS & NSCA-CPT      Contact Email: jevenson@crosscountryeducation.com  
Eligible for *Recertified with Distinction*: No

### **Nutrition & Exercise: An Intensive Workshop**

Start Date: January 20, 2006 (Friday)      Provider: Sports Nutrition Workshop  
End Date: January 21, 2006 (Saturday)      Provider Number: **B1040**  
Location: Baltimore, MD      Contact Name: Nancy Clark  
CEUs: **1.0**      Contact Phone: 617-739-2003  
Certification: CSCS & NSCA-CPT      Contact Email:  
Eligible for *Recertified with Distinction*: No

### **24th Annual Injuries in Baseball Course**

Start Date: January 20, 2006 (Friday)      Provider: American Sports Medicine Institute  
End Date: January 22, 2006 (Sunday)      Provider Number: **C1000**  
Location: Woodland Hills, CA      Contact Name: Caroline May  
CEUs: **2.0**      Contact Phone: 205-918-2141  
Certification: CSCS & NSCA-CPT      Contact Email: carolinem@asmi.org  
Eligible for *Recertified with Distinction*: No

**Arkansas State Clinic**

Date: January 21, 2006  
(Saturday)

Provider: NSCA Arkansas

Provider Number: **C1055**

Location: Springdale, AR  
CEUs: **0.7**

Contact Name: Chris Cothorn

Contact Phone: 501-412-8500

Certification: CSCS &  
NSCA-CPT

Contact Email: [athleteplus@sbcglobal.net](mailto:athleteplus@sbcglobal.net)

Eligible for *Recertified with Distinction*: Yes

**Pre-Natal & Post-Partum Pilates**

Start Date: January 21,  
2006 (Saturday)

Provider: California Education Connection

End Date: January 22,  
2006 (Sunday)

Provider Number: **D1000**

Location: San Ramon, CA

Contact Name: Brian Chavarin

CEUs: **1.3**

Contact Phone: 888-212-5412

Certification: NSCA-CPT

Contact Email: [brian@californiaeducationconnection.com](mailto:brian@californiaeducationconnection.com)

Eligible for *Recertified with Distinction*: No

**The Pilates Method for Use as Therapeutic & Corrective Exercise**

Date: January 23, 2006  
(Monday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Marietta, GA

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: NSCA-CPT

Contact Email: [jevenson@crosscountryeducation.com](mailto:jevenson@crosscountryeducation.com)

Eligible for *Recertified with Distinction*: No

**Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: January 24, 2006  
(Tuesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Mobile, AL

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: [jevenson@crosscountryeducation.com](mailto:jevenson@crosscountryeducation.com)

Eligible for *Recertified with Distinction*: No

### **The Pilates Method for Use as Therapeutic & Corrective Exercise**

Date: January 24, 2006  
(Tuesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Atlanta, GA

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: January 25, 2006  
(Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Baton Rouge,  
LA

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **The Pilates Method for Use as Therapeutic & Corrective Exercise**

Date: January 25, 2006  
(Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Birmingham, AL

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: January 26, 2006  
(Thursday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Jackson, MS

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

### **Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: January 31, 2006  
(Tuesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Edison, NJ

Contact Name: Jeannie Evenson

CEUs: **0.6**

Certification: CSCS &  
NSCA-CPT

Eligible for *Recertified with Distinction*: No

Contact Phone: 615-331-4422x223

Contact Email: [jeverson@crosscountryeducation.com](mailto:jeverson@crosscountryeducation.com)

## February 2006

### **Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: February 1, 2006  
(Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Paramus, NJ

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: [jeverson@crosscountryeducation.com](mailto:jeverson@crosscountryeducation.com)

Eligible for *Recertified with Distinction*: No

### **Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: February 1, 2006  
(Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Eugene, OR

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: [jeverson@crosscountryeducation.com](mailto:jeverson@crosscountryeducation.com)

Eligible for *Recertified with Distinction*: No

### **Strength & Conditioning Considerations in Designing Discharge Programs for Patients with Common Injuries & Diseases**

Date: February 1,  
2006 (Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Raleigh, NC

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: [jeverson@crosscountryeducation.com](mailto:jeverson@crosscountryeducation.com)

Eligible for *Recertified with Distinction*: No

### **Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: February 2, 2006  
(Thursday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: White Plains,

Contact Name: Jeannie Evenson

NY

CEUs: **0.6**

Certification: CSCS &  
NSCA-CPT

Eligible for *Recertified with Distinction*: No

Contact Phone: 615-331-4422x223

Contact Email: jevenson@crosscountryeducation.com

### **Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: February 2, 2006  
(Thursday)

Location: Portland, OR

CEUs: **0.6**

Certification: CSCS &  
NSCA-CPT

Eligible for *Recertified with Distinction*: No

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Contact Name: Jeannie Evenson

Contact Phone: 615-331-4422x223

Contact Email: jevenson@crosscountryeducation.com

### **Strength & Conditioning Considerations in Designing Discharge Programs for Patients with Common Injuries & Diseases**

Date: February 2,  
2006 (Thursday)

Location: Winston-  
Salem, NC

CEUs: **0.6**

Certification: CSCS &  
NSCA-CPT

Eligible for *Recertified with Distinction*: No

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Contact Name: Jeannie Evenson

Contact Phone: 615-331-4422x223

Contact Email: jevenson@crosscountryeducation.com

### **Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: February 3, 2006  
(Friday)

Location: Seattle, WA

CEUs: **0.6**

Certification: CSCS &  
NSCA-CPT

Eligible for *Recertified with Distinction*: No

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Contact Name: Jeannie Evenson

Contact Phone: 615-331-4422x223

Contact Email: jevenson@crosscountryeducation.com

### **Chicagoland On-Ice & Off-Ice Performance Enhancement Camp**

Date: February 4, 2006  
(Saturday)

Provider: Hoffman Estates Community Center & Ice Arena

Provider Number: **F1087**

Location: Hoffman Estates, IL  
CEUs: **0.5**  
Certification: CSCS & NSCA-CPT  
Eligible for *Recertified with Distinction*: No

Contact Name: Christina Eldridge  
Contact Phone: 815-877-1277  
Contact Email: lle203@ameritech.net

### **One Day Learn By Doing Seminars**

Date: February 4, 2006 (Saturday)  
Location: Los Angeles, CA  
CEUs: **0.7**  
Certification: CSCS & NSCA-CPT  
Eligible for *Recertified with Distinction*: No

Provider: M-F Athletics - Perform Better  
Provider Number: **B1061**  
Contact Name: John Brock  
Contact Phone: 800-556-7464  
Contact Email: john.brock@performbetter.com

### **OSCA Performance Clinic**

Date: February 4, 2006 (Saturday)  
Location: Tulsa, OK  
CEUs: **0.7**  
Certification: CSCS & NSCA-CPT  
Eligible for *Recertified with Distinction*: No

Provider: Oklahoma Strength & Conditioning Association  
Provider Number: **B1052**  
Contact Name: Chat Williams  
Contact Phone: 405-329-5050  
Contact Email: Chatwilliams@cox.net

### **The Pilates Method for Use as Therapeutic & Corrective Exercise**

Date: February 6, 2006 (Monday)  
Location: Johnson City, TN  
CEUs: **0.6**  
Certification: NSCA-CPT  
Eligible for *Recertified with Distinction*: No

Provider: Cross Country Education, Inc.  
Provider Number: **D1035**  
Contact Name: Jeannie Evenson  
Contact Phone: 615-331-4422x223  
Contact Email: jevenson@crosscountryeducation.com

### **The Pilates Method for Use as Therapeutic & Corrective Exercise**

Date: February 7, 2006 (Tuesday)  
Location: Knoxville, TN  
CEUs: **0.6**  
Certification: NSCA-CPT

Provider: Cross Country Education, Inc.  
Provider Number: **D1035**  
Contact Name: Jeannie Evenson  
Contact Phone: 615-331-4422x223  
Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

**T'ai Chi for Balance, Fall Risk Reduction & Rehabilitation**

Date: February 8, 2006  
(Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Ft. Smith, AR

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

**The Pilates Method for Use as Therapeutic & Corrective Exercise**

Date: February 8, 2006  
(Wednesday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Nashville, TN

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

**T'ai Chi for Balance, Fall Risk Reduction & Rehabilitation**

Date: February 9, 2006  
(Thursday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Little Rock, AR

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

**T'ai Chi for Balance, Fall Risk Reduction & Rehabilitation**

Date: February 10, 2006  
(Friday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Tunica, MS

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

**Annette Lang MS on Functional Exercise & Training**

Date: February 11, 2006  
(Saturday)

Provider: Fitness Resources

Provider Number: **A1049**

Location: New York, NY  
CEUs: **0.6**

Contact Name: Bob Damashek  
Contact Phone: 303-400-4900

Certification: CSCS &  
NSCA-CPT

Contact Email: bobdama2000@yahoo.com

Eligible for *Recertified with Distinction*: No

### **Greg Roskopf on Functional Exercise & Training**

Date: February 11, 2006  
(Saturday)

Provider: Fitness Resources

Provider Number: **A1049**

Location: Denver, CO  
CEUs: **0.6**

Contact Name: Bob Damashek  
Contact Phone: 303-400-4900

Certification: CSCS &  
NSCA-CPT

Contact Email: bobdama2000@yahoo.com

Eligible for *Recertified with Distinction*: No

### **Paul Chek on Functional Exercise & Training**

Date: February 11, 2006  
(Saturday)

Provider: Fitness Resources

Provider Number: **A1049**

Location: San Francisco,  
CA

Contact Name: Bob Damashek

CEUs: **0.6**

Contact Phone: 303-400-4900

Certification: CSCS &  
NSCA-CPT

Contact Email: bobdama2000@yahoo.com

Eligible for *Recertified with Distinction*: No

### **Greg Roskopf on Functional Exercise & Training**

Date: February 12, 2006  
(Sunday)

Provider: Fitness Resources

Provider Number: **A1049**

Location: Chicago, IL  
CEUs: **0.6**

Contact Name: Bob Damashek  
Contact Phone: 303-400-4900

Certification: CSCS &  
NSCA-CPT

Contact Email: bobdama2000@yahoo.com

Eligible for *Recertified with Distinction*: No

### **Paul Chek on Functional Exercise & Training**

Date: February 12, 2006  
(Sunday)

Provider: Fitness Resources

Provider Number: **A1049**

Location: Seattle, WA      Contact Name: Bob Damashek  
CEUs: **0.6**      Contact Phone: 303-400-4900  
Certification: CSCS &      Contact Email: bobdama2000@yahoo.com  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

### **Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: February 14, 2006      Provider: Cross Country Education, Inc.  
(Tuesday)      Provider Number: **D1035**  
Location: Long Island, NY      Contact Name: Jeannie Evenson  
CEUs: **0.6**      Contact Phone: 615-331-4422x223  
Certification: CSCS &      Contact Email: jevenson@crosscountryeducation.com  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

### **Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: February 15, 2006      Provider: Cross Country Education, Inc.  
(Wednesday)      Provider Number: **D1035**  
Location: Queens, NY      Contact Name: Jeannie Evenson  
CEUs: **0.6**      Contact Phone: 615-331-4422x223  
Certification: CSCS &      Contact Email: jevenson@crosscountryeducation.com  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

### **Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: February 15, 2006      Provider: Cross Country Education, Inc.  
(Wednesday)      Provider Number: **D1035**  
Location: Ft. Wayne, IN      Contact Name: Jeannie Evenson  
CEUs: **0.6**      Contact Phone: 615-331-4422x223  
Certification: CSCS &      Contact Email: jevenson@crosscountryeducation.com  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

### **Exercise Physiology & Weight Management Strategies for Rehab. Professionals**

Date: February 16, 2006      Provider: Cross Country Education, Inc.  
(Thursday)      Provider Number: **D1035**  
Location: Manhattan, NY      Contact Name: Jeannie Evenson  
CEUs: **0.6**      Contact Phone: 615-331-4422x223  
Certification: CSCS &      Contact Email: jevenson@crosscountryeducation.com

NSCA-CPT

Eligible for *Recertified with Distinction*: No

**Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: February 16, 2006  
(Thursday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Toledo, OH

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

**Manually Managing Pain: The Use of Simple Contact for Neural Tension & Chronic Pain**

Date: February 17, 2006  
(Friday)

Provider: Cross Country Education, Inc.

Provider Number: **D1035**

Location: Detroit, MI

Contact Name: Jeannie Evenson

CEUs: **0.6**

Contact Phone: 615-331-4422x223

Certification: CSCS &  
NSCA-CPT

Contact Email: jevenson@crosscountryeducation.com

Eligible for *Recertified with Distinction*: No

**TN NSCA Clinic**

Date: February 18, 2006  
(Saturday)

Provider: NSCA Tennessee

Provider Number: **F1084**

Location: Nashville, TN

Contact Name: Karyn Gallivan

CEUs: **0.6**

Contact Phone: 615-347-4717

Certification: CSCS &  
NSCA-CPT

Contact Email: Karyng@bellsouth.net

Eligible for *Recertified with Distinction*: Yes

**Colorado Bodybuilding, Fitness & Figure: Basic Science to Complete Contest Preparation**

Start Date: February 18,  
2006 (Saturday)

Provider: NPTI of Colorado

End Date: February 19,  
2006 (Sunday)

Provider Number: **F1065**

Location: Lakewood, CO

Contact Name: Kevin Shepard

CEUs: **1.2**

Contact Phone: 720-203-2332

Certification: CSCS &

Contact Email: Kevin-Shepard@prodigy.net

NSCA-CPT

Eligible for *Recertified with Distinction*: No

### **Medicine Ball for All**

Date: February 22, 2006  
(Wednesday)

Provider: Delaware Strength & Conditioning Association

Provider Number: **E1001**

Location: Philadelphia, PA

Contact Name: Rick Howard

CEUs: **0.3**

Contact Phone: 215-951-7769

Certification: CSCS &  
NSCA-CPT

Contact Email: rihoward@phila.k12.pa.us

Eligible for *Recertified with Distinction*: Yes

### **25th Annual University of Tennessee Strength Clinic**

Start Date: February 24,  
2006 (Friday)

Provider: University of Tennessee, Department of Athletics

End Date: February 25,  
2006 (Saturday)

Provider Number: **E1062**

Location: Knoxville, TN

Contact Name: Daniel Hamilton

CEUs: **0.8**

Contact Phone: 865-974-1221

Certification: CSCS &  
NSCA-CPT

Contact Email: dhamilt2@utk.edu

Eligible for *Recertified with Distinction*: No

### **2006 Southern California NSCA State Clinic**

Date: February 25, 2006  
(Saturday)

Provider: NSCA Southern California

Provider Number: **E1047**

Location: Fullerton, CA

Contact Name: Loren Chiu

CEUs: **0.7**

Contact Phone: 310-621-6450

Certification: CSCS &  
NSCA-CPT

Contact Email: CDNAthlete@comcast.net

Eligible for *Recertified with Distinction*: Yes

### **One Day Learn By Doing Seminars**

Date: February 25, 2006  
(Saturday)

Provider: M-F Athletics - Perform Better

Provider Number: **B1061**

Location: Miami Beach, FL

Contact Name: John Brock

CEUs: **0.7**

Contact Phone: 800-556-7464

Certification: CSCS &  
NSCA-CPT

Contact Email: john.brock@performbetter.com

Eligible for *Recertified with Distinction*: No

## March 2006

### **Core Training Continuum: From Isolation to Function**

Date: March 4, 2006  
(Saturday)

Provider: California Education Connection

Provider Number: **D1000**

Location: Fresno, CA

Contact Name: Brian Chavarin

CEUs: **0.7**

Contact Phone: 888-212-5412

Certification: CSCS &  
NSCA-CPT

Contact Email: [brian@californiaeducationconnection.com](mailto:brian@californiaeducationconnection.com)

Eligible for *Recertified with Distinction*: No

### **1st Annual - All Sport Coaches Clinic**

Date: March 11, 2006  
(Saturday)

Provider: University of Florida

Provider Number: **F1079**

Location: Gainesville, FL

Contact Name: Matt Balis

CEUs: **0.6**

Contact Phone: 352-231-0053

Certification: CSCS &  
NSCA-CPT

Contact Email: [mattb@gators.uaa.ufl.edu](mailto:mattb@gators.uaa.ufl.edu)

Eligible for *Recertified with Distinction*: No

### **Four State Strength Clinic**

Date: March 11, 2006  
(Saturday)

Provider: NSCA Missouri

Provider Number: **F1071**

Location: Joplin, MO

Contact Name: Mike Lawrence

CEUs: **0.6**

Contact Phone: 417-625-9804

Certification: CSCS &  
NSCA-CPT

Contact Email: [lawrence-m@mail.mssu.edu](mailto:lawrence-m@mail.mssu.edu)

Eligible for *Recertified with Distinction*: Yes

### **2006 NSCA Personal Trainers' Conference**

Start Date: March 12,  
2006 (Sunday)

Provider: NSCA

End Date: March 13, 2006  
(Monday)

Provider Number: **F1012**

Location: Las Vegas, NV

Contact Name: Conference Department

CEUs: **1.5**

Contact Phone: 800-815-6826

Certification: CSCS &  
NSCA-CPT

Contact Email:

Eligible for *Recertified with Distinction*: Yes

### **2006 Midwest Strength & Conditioning Clinic**

Date: March 18, 2006  
(Saturday) Provider: McHenry County College  
Provider Number: **C1002**  
Location: Crystal Lake, IL Contact Name: Bill Allerheiligen  
CEUs: **0.7** Contact Phone: 815-455-8568  
Certification: CSCS & Contact Email:  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

### **Fast & Furious Complete Core Conditioning**

Date: March 18, 2006  
(Saturday) Provider: OSAR Consulting  
Provider Number: **E1003**  
Location: Chicago, IL Contact Name: Evan Osar  
CEUs: **0.5** Contact Phone: 773-405-1496  
Certification: CSCS & Contact Email: evanosar@msn.com  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

### **Fitness Training Puzzle: Putting the Pieces Together Assessment to Implementation**

Date: March 18, 2006  
(Saturday) Provider: Minnesota Sports Medicine  
Provider Number: **F1070**  
Location: Blain, MN Contact Name: James Rakow  
CEUs: **0.6** Contact Phone: 612-273-9196  
Certification: CSCS & Contact Email: jrakow1@fairview.org  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

### **One Day Learn By Doing Seminars**

Date: March 18, 2006  
(Saturday) Provider: M-F Athletics - Perform Better  
Provider Number: **B1061**  
Location: Boston, MA Contact Name: John Brock  
CEUs: **0.7** Contact Phone: 800-556-7464  
Certification: CSCS & Contact Email: john.brock@performbetter.com  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

### **One Day Learn By Doing Seminars**

Date: March 19, 2006 Provider: M-F Athletics - Perform Better

(Sunday)

Location: Boston, MA  
CEUs: **0.7**  
Certification: CSCS &  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

Provider Number: **B1061**  
Contact Name: John Brock  
Contact Phone: 800-556-7464  
Contact Email: john.brock@performbetter.com

### **Chain Reaction Transformation 2006**

Start Date: March 23,  
2006 (Thursday)  
End Date: March 26, 2006  
(Sunday)  
Location: Chicago, IL  
CEUs: **2.0**  
Certification: CSCS &  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

Provider: Wynn Marketing, Inc.  
Provider Number: **A1032**  
Contact Name: Cindy Coburn  
Contact Phone: 800-494-9555  
Contact Email: wynnmarketing@yahoo.com

### **One Day Learn By Doing Seminars**

Date: March 25, 2006  
(Saturday)  
Location: Minneapolis, MN  
CEUs: **0.7**  
Certification: CSCS &  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

Provider: M-F Athletics - Perform Better  
Provider Number: **B1061**  
Contact Name: John Brock  
Contact Phone: 800-556-7464  
Contact Email: john.brock@performbetter.com

### **Chain Reaction Transformation 2006**

Start Date: March 30,  
2006 (Thursday)  
End Date: April 1, 2006  
(Saturday)  
Location: Portland, OR  
CEUs: **2.0**  
Certification: CSCS &  
NSCA-CPT  
Eligible for *Recertified with Distinction*: No

Provider: Wynn Marketing, Inc.  
Provider Number: **A1032**  
Contact Name: Cindy Coburn  
Contact Phone: 800-494-9555  
Contact Email: wynnmarketing@yahoo.com