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Recertified With Distinction **Policies and Procedures**

2003-2005 Reporting Period

Includes:

Recertified With Distinction Benefits

Qualifying Requirements

Steps to Becoming *Recertified With Distinction*

Recertified With Distinction Application



NSCA CERTIFICATION COMMISSION

The Certifying Body for the National Strength and Conditioning Association

About the Program

The *Recertified With Distinction* Program is a means of recognizing and rewarding extraordinary achievement in, and contributions to, the strength and conditioning and personal training professions.

The hallmarks of being *Recertified With Distinction* are:

1. Earning more than the minimum requirement of Continuing Education Units (CEUs) for recertification purposes, and
2. Earning a concentration of CEUs in NSCA and/or NSCA Certification Commission activities.

Benefits of the Program

The *Recertified With Distinction* Program benefits you by enhancing your professional stature and by providing several forms of public recognition for your outstanding contributions to the profession, including:

- A specially-designed certificate honoring the accomplishment.
- The right to use the distinctive “*D®” as an extension of your certification designations (CSCS,*D and NSCA-CPT,*D).
- Recognition in NSCA and NSCA Certification Commission printed materials and in the *Recertified With Distinction* Honor Roll.
- Special notation on conference name badges.
- Recognition by peers.

In addition, the *Recertified With Distinction* Program benefits the NSCA, the NSCA Certification Commission and the strength and conditioning and personal training professions by:

- Creating additional interest and participation in NSCA and NSCA Certification Commission programs and activities.
- Encouraging knowledgeable credential holders to share their expertise with their professional colleagues through various NSCA and NSCA Certification Commission activities such as presenting at NSCA conferences, authoring articles for NSCA publications and performing NSCA and NSCA Certification Commission committee work.

Qualifying Requirements

To qualify for becoming *Recertified With Distinction*, a certified professional must:

1. Meet the minimum requirements established by the NSCA Certification Commission for standard recertification (i.e., submit the CEU Reporting Form with the appropriate number of CEUs and the appropriate recertification fee).
2. Acquire a total of 10.0 CEUs in activities sponsored by the NSCA and/or NSCA Certification Commission. For professionals who have both NSCA Certification Commission credentials and wish to receive *Recertified With Distinction* status for both, 12.0 CEUs are required.
3. Submit the *Recertified With Distinction* Application (listing only NSCA and NSCA Certification Commission activities), all supporting documentation and the \$25 application fee (\$40 if applying for both credentials).

Qualifying Activities

CEUs earned in the following activities count toward the requirements:

- Speaking at or attending NSCA or NSCA Certification Commission conferences, clinics or symposia **only**.
- Authoring an article for an NSCA publication.
- Serving on an NSCA or NSCA Certification Commission committee/council/board.
- Completing NSCA Certification Commission Practice Exam Answer/Comment Forms or the Exercise Technique Checklist Manual Comment Form.
- Hosting an Exam on Request or a Symposium on Request. For additional information, please visit the NSCA Certification Commission Web site at www.nasca-cc.org.
- Passing NSCA CEU Quizzes found in each issue of the *Strength and Conditioning Journal* and online in the Recertification section of the NSCA Certification Commission Web site at www.nasca-cc.org.
- Retaking the exam for the credential currently held or taking the exam for the credential not currently held.
- Completing online courses offered by the NSCA-Human Kinetics Online Learning Center.

How to Become Recertified With Distinction

Steps to Success:

Step One

Complete the standard CEU Reporting Form. Refer to Page 3 in the *Certification Policies and Procedures* booklet for more information.

Step Two

Record **only** NSCA and NSCA Certification Commission activities on the *Recertified With Distinction* Application on Page 4.

NOTE: There are no category requirements for the *Recertified With Distinction* Program.

Step Three

Record the number of CEUs awarded for each activity. Refer to Page 6 in the *Certification Policies and Procedures* booklet.

NOTE: You must accumulate 10.0 CEUs (12.0 CEUs if applying for both credentials) in order to qualify for *Recertified With Distinction* status.

Step Four

Gather all supporting documentation for activities listed on the *Recertified With Distinction* Application. Refer to Page 5 in the *Certification Policies and Procedures* booklet for required documentation.

Step Five

Mail in the *Recertified With Distinction* Application, supporting documentation and the appropriate recertification fee by December 31, 2005.

NOTE: The *Recertified With Distinction* Application does not replace the standard application for recertification. Both applications must be completed within the reporting period, and both fees must be paid. The two applications may be sent in together, or the CEU Reporting Form may be submitted first. Documentation for standard recertification CEUs is not to be sent in with the standard application; however, photocopies of the documentation for *Recertified With Distinction* CEUs must accompany the *Recertified With Distinction* Application.

Program Fee

There is a \$25 application fee, or \$40 if applying for *Recertified With Distinction* for both credentials. This fee helps defray the costs of the program (promotion, special certificates, review of applications and documentation, record keeping and postage).

Important Points For Recertified With Distinction Applicants

- All CEUs must be earned between January 1, 2003, or the date of certification if certified within the current reporting period, and December 31, 2005.
- Standard recertification must be completed first.
- All activities must be from the NSCA or NSCA Certification Commission.
- A total of 10.0 CEUs (or 12.0 CEUs if applying for both credentials) must be obtained.
- There are no category maximum rules for *Recertified With Distinction*.
- The standard recertification fee must be paid. Refer to Page 4 in the *Certification Policies and Procedures* booklet.
- The *Recertified With Distinction* fee must be paid (see below).
- Documentation must accompany the *Recertified With Distinction* Application.
- The standard CEU Reporting Form and the *Recertified With Distinction* Application may be sent in together or the standard CEU Reporting Form may be submitted first.



Recertified With Distinction certificate shown in Prestige Frame from Framing Success, Inc.

