

National Strength and Conditioning Association Certification Commission

DANTES Test Centers' Authorization

The NSCA Certification Commission authorizes military installations with DANTES test centers to administer our Certified Strength and Conditioning Specialist® and NSCA-Certified Personal Trainer® examinations on a demand basis.



Credentials: Certified Strength and Conditioning Specialist® (CSCS®) certification, created in 1985, is for professionals who design and implement strength training and conditioning programs for athletes in a team setting.

Created in 1993, the NSCA-Certified Personal Trainer® (NSCA-CPT®) certification is designed for those who train clients in one-on-one situations in clients' homes or health/fitness clubs.

Registration Process: The exam candidate can obtain registration brochure for the CSCS and NSCA-CPT examinations by:

- ☎ Calling the NSCA Certification Commission at 888-746-2378 (toll-free inside the USA) or 402-476-6669
- 📄 Downloading and printing a registration form from our Web site at www.nsca-cc.org
- ✉ E-mailing a request for information to freebrochure@nsca-cc.org
- ☎ Accessing our Fax on Demand Hotline by calling 877-441-2378 and requesting document #103 (for CSCS) and/or document #104 (for NSCA-CPT)
- ✉ Mailing a request for information to the NSCA Certification Commission at 3333 Landmark Circle, Lincoln, NE 68504

How to Register: Complete and submit the appropriate registration form and include:

- Appropriate registration fee.
- Photocopy of both sides of current CPR certification card.
- Original, official transcript showing a BA/BS, DC or advanced degree (Certified Strength and Conditioning Specialist® ONLY)

Test Control Officer Responsibilities: Prior to submission of the registration, the Test Control Officer (TCO) needs to review all exam registrations for accuracy, necessary signatures, required documentation (see prerequisites) and compliance with the current registration policies.

The TCO also needs to provide the following information on official stationery:

- Verification of his or her willingness to give the certification examination(s)
- *Approved examination date (please allow four weeks for processing and sending the exam materials back to the military installation)
- Secure address to which the exam service can send the test materials

*The candidate and the Testing Control Officer need to agree on the examination date.

The TCO needs to forward the completed and reviewed registrations with the **appropriate registration fee** and the above-mentioned information on official stationery to:

NSCA Certification Commission
3333 Landmark Circle
Lincoln, NE 68504

Registration Fees:

		<i>First Time Registration</i>	
		*Member	#Nonmember
Certified Strength and Conditioning Specialist	Registration	\$ 250.00	\$ 355.00
NSCA-Certified Personal Trainer	Registration	\$ 225.00	\$ 330.00

* Member of the National Strength and Conditioning Association (NSCA)

Not a member of the National Strength and Conditioning Association (NSCA) and not applying for membership when registering for the exam.

		<i>Retake Registration</i>	
		*Member	#Nonmember
CSCS – Both Sections	Registration	\$ 205.00	\$ 310.00
CSCS – One Section Only	Registration	\$ 160.00	\$ 265.00
NSCA-Certified Personal Trainer	Registration	\$ 180.00	\$ 285.00

* Member of the National Strength and Conditioning Association (NSCA)

Not a member of the National Strength and Conditioning Association (NSCA) and not applying for membership when registering for the exam.

All prices are listed in United States dollars and are subject to change without notice

NSCA Membership: For information on membership in the National Strength and Conditioning Association (NSCA), please contact the membership office at 800-815-6826 or access their Web site at www.nasca-lift.org.

Available Exam Preparation Materials: The CSCS and NSCA-CPT examination preparation materials are designed to assist exam candidates as they prepare for earning one of the NSCA's *Credentials of Distinction*. While comprehension of the information presented in the preparation materials should certainly increase the likelihood of passing the CSCS or NSCA-CPT certification examination, it does not guarantee a successful performance. The questions on the CSCS and NSCA-CPT examinations are developed from numerous resources in addition to these materials.

For information on available exam preparation materials for the **Certified Strength and Conditioning Specialist** and **NSCA-Certified Personal Trainer** credentials, you can:

- access our web site at www.nasca-cc.org
- use our Fax on Demand Hotline by calling 877-441-2378 and requesting document #108 for CSCS or #109 for NSCA-CPT information
- contact the Product Coordinator at 888-746-2378, ext. 116 or at products@nsca-cc.org
- use your registration brochure — Pages 7-10 include information on CSCS materials and Pages 13-16 include information of NSCA-CPT materials.

Administration of Exams

Military Administration: DANTES test centers may administer the CSCS and/or NSCA-CPT examination to eligible active duty military and reserve component personnel on an unfunded (examinee pays) basis UNLESS existent military regulations provide otherwise:

- ❖ ARMY REGULATION 40-219
- ❖ NAVMEDCOMINST 1500.6
- ❖ AFR 169-4

Exam reimbursement from DANTES is available to the following Service branches: Army National Guard (ARNG), Air Force Reserve (AFR) and Army Reserve (AR).

Civilian Administration: DANTES test centers may administer the CSCS and NSCA-CPT certification examinations to the following civilians on **AN UNFUNDED (EXAMINEE PAYS) AND SPACE-AVAILABLE BASIS** according to local command policy and service regulations:

- ❖ RETIRED MILITARY PERSONNEL
- ❖ MILITARY FAMILY MEMBERS
- ❖ VETERANS
- ❖ U.S. FEDERAL EMPLOYEES

Exam Set-up and Audiovisual Equipment

The examination room needs to be set up in a classroom style with eight-foot tables with only two chairs (an empty space needs to be between the candidates). The tables need to have smooth surfaces with no tablecloths. A VCR/monitor (for video component) needs to be in the room. A podium and/or microphone could be needed for instructions. The Test Control Officer (TCO) needs to note the exam set-up and equipment specifications before submitting the exam registration(s).

NSCA Certification Commission

Examination Assistance

Questions about Scheduling an Exam:

Contact the Commission Administrator at 888-746-2378, ext. 105 or at commission@nsca-cc.org

Questions about the Exam Registration Process:

Contact the Exam Coordinator at 888-746-2378, ext. 103 or at exams@nsca-cc.org

Questions about Exam Preparation Materials:

Contact the Products Coordinator at 888-746-2378, ext. 109 or at products@nsca-cc.org

Need More Information?

DANTES Web Address:

www.voled.doded.mil

DANTES Certification Program

E-mail Address:

winborne@voled.doded.mil

NSCA Certification Commission

Web Address:

www.nasca-cc.org

NSCA Certification Commission

E-mail Address:

commission@nsca-cc.org

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Phone: 402-476-6669 or toll-free 888-746-2378 (in USA) Web Site: www.nasca-cc.org