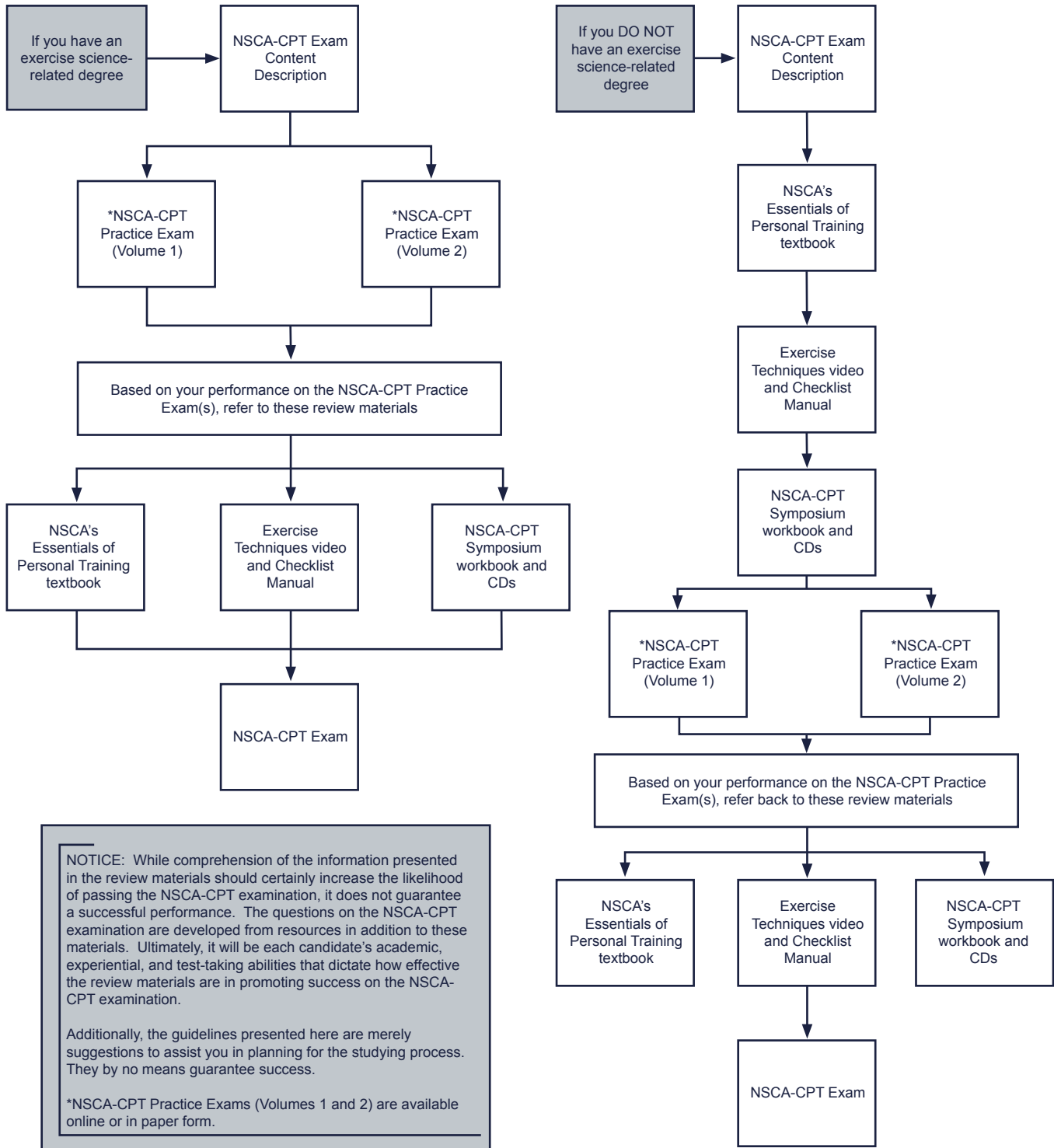




# Suggestions for Using the NSCA Certification Commission's Review Materials to Prepare for the NSCA-CPT® Exam



**NOTICE:** While comprehension of the information presented in the review materials should certainly increase the likelihood of passing the NSCA-CPT examination, it does not guarantee a successful performance. The questions on the NSCA-CPT examination are developed from resources in addition to these materials. Ultimately, it will be each candidate's academic, experiential, and test-taking abilities that dictate how effective the review materials are in promoting success on the NSCA-CPT examination.

Additionally, the guidelines presented here are merely suggestions to assist you in planning for the studying process. They by no means guarantee success.

\*NSCA-CPT Practice Exams (Volumes 1 and 2) are available online or in paper form.