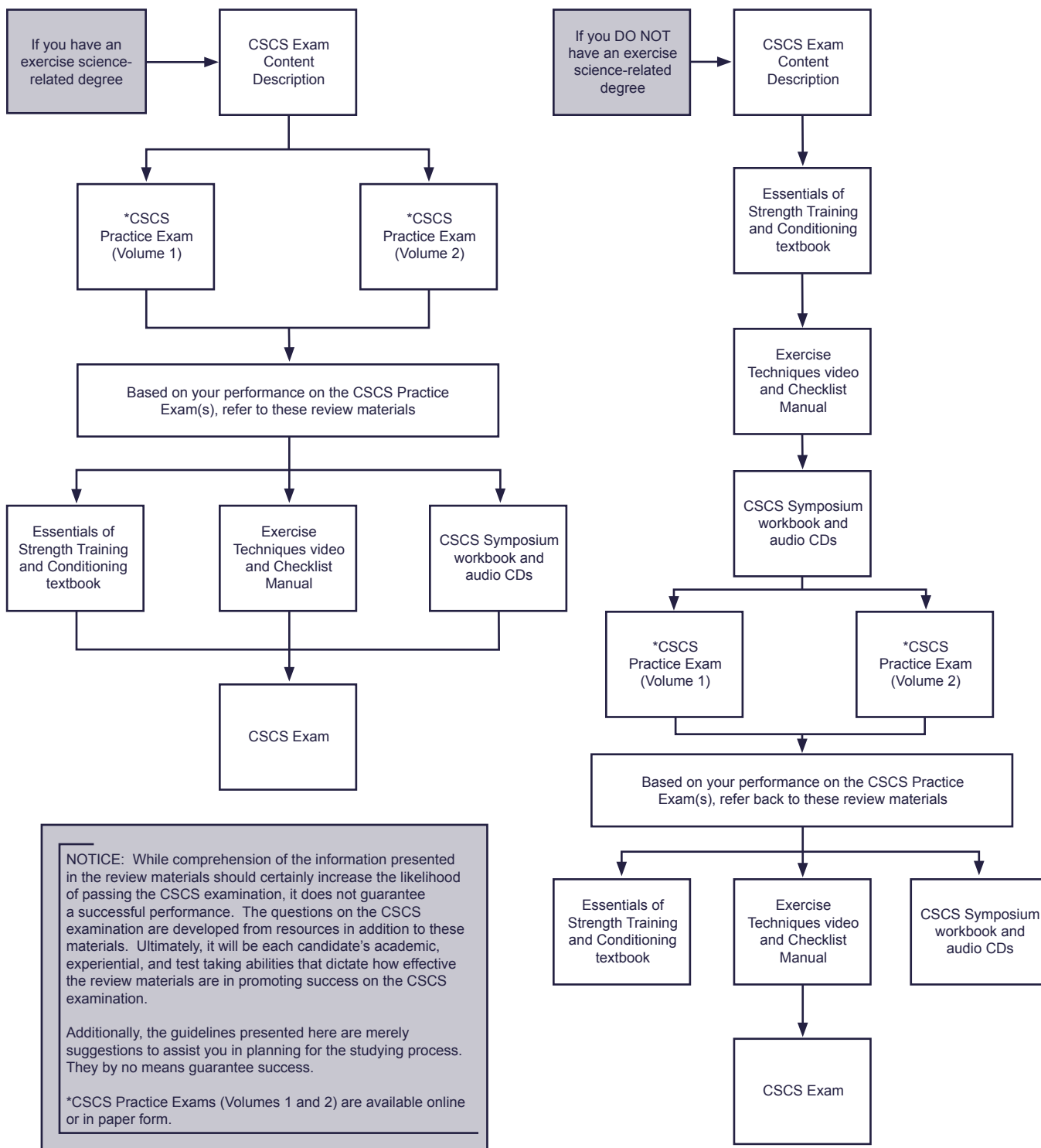




Suggestions for Using the NSCA Certification Commission's Review Materials to Prepare for the CSCS® Exam

(Condensed Version)



NOTICE: While comprehension of the information presented in the review materials should certainly increase the likelihood of passing the CSCS examination, it does not guarantee a successful performance. The questions on the CSCS examination are developed from resources in addition to these materials. Ultimately, it will be each candidate's academic, experiential, and test taking abilities that dictate how effective the review materials are in promoting success on the CSCS examination.

Additionally, the guidelines presented here are merely suggestions to assist you in planning for the studying process. They by no means guarantee success.

*CSCS Practice Exams (Volumes 1 and 2) are available online or in paper form.